

 Soul Bean Coffee Presents a morning of Yoga, Coffee and Transformation! Join us October 15<sup>th</sup> 10am – 2pm @ 900
Scenic Way Drive, Ventura, CA 93003 for a Community Collaboration with Yoga Instructor Mariah Pflaumer and Yellow Bird Professional Mentor Kathi Whalen



## Yoga

An hour-long vinyasa flow class (By Donation, suggested \$5 minimum) Coffee

Soul Bean Coffee tasting

## Dream Building Workshop

Designed by Yellow Bird to help empower & inspire!

We are so excited to be able to share what we love with the community!

Please **RSVP** @ SoulBeanCoffee.Com and follow us





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